



**N. TONAWANDA PARKS &
RECREATION**

BOOT CAMP
THURSDAY EVENINGS

BEFORE & AFTER FITNESS CENTER

525 WHEATFIELD STREET NT

6:00-7:0PM- 15 Classes Total

September 10th—December 17th

\$75—N.T. Residents

\$105- Non-Residents

BRING: HAND WEIGHTS, FLOOR MAT & WATER

***Extra hand weights will also be available at the gym for
your convenience. Your instructor will be Holly Hue.**

Register on line at NTParksrec.com.

Registration forms can be obtained at the
N.T. Recreation Department located at
500 Wheatfield St. N. Tonawanda Any
questions please call Pam Hogan at 716-
695-8520 ext 5508.

