



NORTH TONAWANDA YOUTH, PARKS &  
RECREATION DEPARTMENT

## BOOT CAMP 2025

**MONDAYS -OHIO SCHOOL**

**6:00-7:0PM- 13 Classes Total**

**January 6- May 19 2025**

(No class: 1/13, 1/20, 2/17, 3/17, 3/31, 4/14, 4/21)

**Entire Session**

\$60 for residents (includes discount of one free class!)

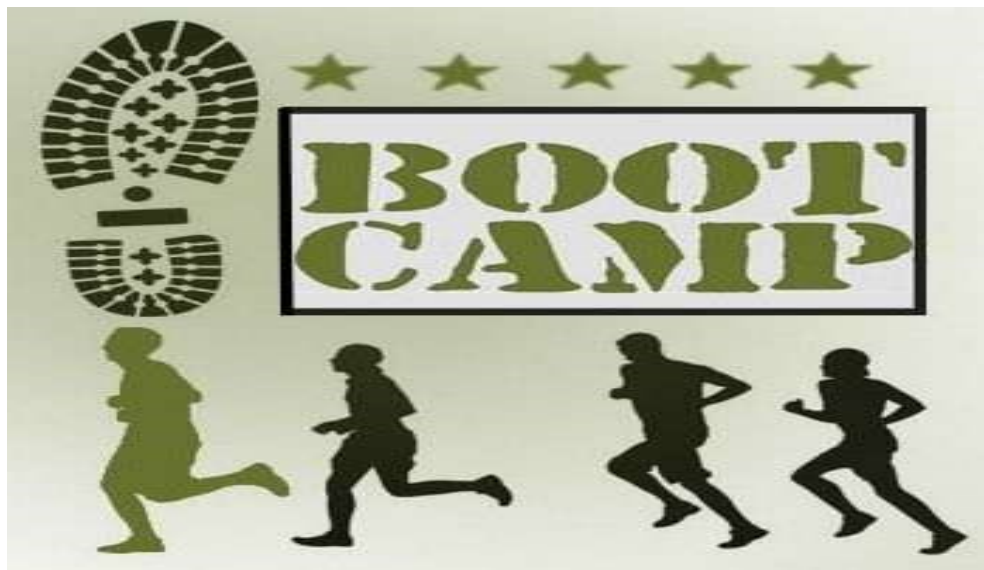
\$72 for non-residents (includes discount of one free class!)

Or

**Pay by the class**

\$5 for residents; \$6 for non-residents

**BRING: HAND WEIGHTS, FLOOR MAT & WATER**



Register on line at [NTParksrec.com](http://NTParksrec.com). Registration forms can be obtained at the N.T. Recreation Department located at 500 Wheatfield Street, N. Tonawanda Any questions please call Pam Hogan at 716-695-8520 ext 5508