



# HALL WALKING

## INTERMEDIATE SCHOOL

SESSION: Monday—Friday  
Monday, September 9 - Friday, May 2  
4:00–8:00pm

Any questions please call 695-8520  
You can register on line at [NTParksrec.com](http://NTParksrec.com)  
or you can register in person at the NT Recreation Dept.  
500 Wheatfield Street. Monday—Friday 8:30am-4:30pm  
Cost: \$10 residents & \$10 non-residents



Kick start your fitness routine, reduce stress, boost immunity and improve mood by joining us to walk the halls of the INTERMEDIATE SCHOOL. You can walk at your own pace in a dry, and warm environment. **SESSIONS ARE CLOSED ON ALL HOLIDAYS AND WHENEVER THE SCHOOL IS CLOSED SCHOOL IS CLOSED!** Any questions please call The office at 716-695-8520