



**NORTH TONAWANDA YOUTH, PARKS &
RECREATION DEPARTMENT**

BOOT CAMP SUMMER 2023

MONDAYS

AT THE BAND SHELL- NT RIVER RD

6:00-7:0PM

9 classes total

JUNE 19—AUGUST 28

(*No class on 7/17 & 7/31)

Residents- \$36 * Non-residents—\$45

BRING: HAND WEIGHTS, FLOOR MAT & WATER



Registration forms can be obtained at the N.T. Recreation Department located at 500 Wheatfield Street, N. Tonawanda

You may also register on line at NTParksrec.com

Any questions please call Pam Hogan 716-695-8582