



**NORTH TONAWANDA YOUTH, PARKS &
RECREATION DEPARTMENT**

BOOT CAMP 2023

MONDAYS & THURSDAYS

AT OHIO SCHOOL

6:00-7:0PM

7 classes total

April 17—May 18

(*No class on 4/27, 5/8 & 5/11)

Residents- \$28 * Non-residents—\$35

BRING: HAND WEIGHTS, FLOOR MAT & WATER



Registration forms can be obtained at the N.T. Recreation Department located at 500 Wheatfield Street, N. Tonawanda
You may also register on line at NTParksrec.com
Any questions please call Pam Hogan 716-695-8682