



**NORTH TONAWANDA YOUTH, PARKS &
RECREATION DEPARTMENT**

BOOT CAMP 2023

MONDAYS & THURSDAYS

AT OHIO SCHOOL

6:00-7:0PM

20 classes total

Jan. 12th—March 30th

(No class on 1/16, 1/19, 2/20)

Residents- \$80 * Non-residents—\$100

BRING: HAND WEIGHTS, FLOOR MAT & WATER



Registration forms can be obtained at the N.T. Recreation Department located at 500 Wheatfield Street, N. Tonawanda
You may also register on line at NTParksrec.com