



**NORTH TONAWANDA YOUTH, PARKS &  
RECREATION DEPARTMENT**

**BOOT CAMP 2022-FALL**

SEPTEMBER 12—DECEMBER 12

Every MONDAY at OHIO School

6:00-7:0PM

10 WEEK PROGRAM

Residents- \$40 \* Non-residents—\$50

**BRING: HAND WEIGHTS, FLOOR MAT & WATER**



Registration forms can be obtained at the N.T. Recreation Department located at 500 Wheatfield Street, N. Tonawanda  
You may also register on line at [NTParksrec.com](http://NTParksrec.com)