

**NORTH TONAWANDA
SENIOR CITIZEN CENTER**

110 Goundry Street North Tonawanda, NY 14120
Telephone: 695-8582—Fax: 695-8530

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Pamela A. Hogan M.S.
Recreation & Senior Coordinator

APRIL 2022



The Easter Bunny or Hare is a folkloric figure and symbol of Easter bringing Easter eggs. Originating among German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in behavior at the start of the season of Eastertide, similar to the "naughty or nice" list made by Santa Claus. As part of the legend, the creature carries colored eggs in its basket, as well as candy, and sometimes toys to the home of children. As such, the Easter Bunny again shows similarities to Santa by bringing gifts to children on the night before a holiday. The custom was first mentioned in 1682.

TECHNOLOGY HELP- Kim Sinon

If you need help with a Android device such as a phone or tablet please call the center at 695-8582 and make an appointment with Kim. She is available Wednesday mornings and Friday afternoons. There is no charge for this service. You must bring your own device.

EUCHRE CLUB

Any senior is welcome to play Euchre on Fridays at 1:00 pm. Everyone needs to bring \$1.05 for the game. Coffee and tea will be made available for 25 cents.

In The Community...

The Tonawanda Legion Post Band will be playing their "Pop's Concert" on Sunday, April 3rd at 7:30pm at Cardinal O'Hare High School. Presale tickets can be purchased for \$12 at Mid City Opticians and Walker Bros and Monroe Jewelers. Tickets can also be purchased at the door for \$14.

NIAGARA COUNTY NUTRITION
Sharon Lewis, Nutrition Site Director

Niagara County offers a lunch program at the center at 11:45am Monday-Friday. The suggested donation for a lunch is \$3.25. One WEEK notice is now required.

Roundtrip transportation is also available. Please call 694-2105 for making or canceling a reservation. Monday-Friday 10am-12:30pm.

VETERAN'S ASSISTANCE
Dave Wohleben

Niagara County Veterans Service Agency will be at our senior center the 2nd Tuesday of every month to assist any Veteran. Dave Wohleben, Veterans Service Officer will be available from 9am—3:00pm. Walk ins are welcome, but we do recommend prior appointments by calling 695-8582.

Dave is able to help with several benefits such as service connected disability compensation, widow dependent pension, education bill, remote access claim tracking & the submission process. **Dave is scheduled to be here on Tuesday, April 12th.**

MEDICARE 101 SEMINAR

will be at our center on Monday, April 4th at 1pm for a seminar regarding Medicare 101. Anyone interested in attending can call the office to register at 695-8582.

PINOCHLE CLUB- Diane Juliano

Any senior is welcome to play Pinochle on Tuesdays at 1:00 pm. Please bring \$1.00 for the game. Coffee and tea will be made available for 25 cents.

MINI GROCERY

Chrystal Manzare

The mini grocery program take place every Wednesday. Chrystal can transport seniors to Tops, Market in the Square or Walmart in NT.

If you are in need of a ride please call the office to schedule your appointment . If you need to cancel an appointment please call the office at 695-8582. There is a \$2 fee for this service. This service is available to NT residents only.

During the month of June, July & August we will schedule a trip to the NT City Farmers market.

ANNUAL DUES

ANNUAL DUES! The office is now open regular hour Monday-Friday 8:30am - 4:30pm. The dues remain the same rate of \$4.00 per year.

Please mail your check to 110 Goundry Street North Tonawanda. Please make checks payable to the North Tonawanda Senior Center. You can also pay online at NTParksrec.com with a major credit card.

SUNSHINE CLUB - Sharon Lewis

Hear of someone ill or injured? Please let the office or Sharon know so she can send out a card promptly. Donations of cards or stamps are always appreciated

BILLIARDS

Our billiard room is available to any senior. Come play and bring a couple friends too. You are welcome to play anytime Monday—Friday 8:30am—4:30pm.

BROADWAY MARKET TRIP **TUESDAY, APRIL 12TH**

\$8—Members—\$9 non members 10am departure—1:30!. A few spaces left! Shop for your Easter goodies!!!

ATTORNEY- Gary Billingsley

The Office for the Aging has a legal assistance program for anyone 60 and over living in Niagara County. The suggested donation for each consultation is \$20.00. Please pay the attorney directly. This office does not collect his donations.

The next time the attorney will be at our center is Wednesday, April 20th. Please call this office for an appointment 695-8582. You will not be able to see the attorney without an appointment.

GENERAL MEMBERSHIP

Our next General Membership meeting will be held on Wednesday, April 27th at 1:00pm at the senior center.

BINGO

We play Bingo every Thursday afternoon at 1:30pm. The cost for Bingo is \$1 for 2 boards. We serve coffee, tea and a dessert (usually donuts). We play 8 full games. There are prizes for each game. Please sign in at the main table.— thank you. * donation of gift prizes are always welcome!! * **We are in need of more callers! Please bring change with you when possible!**

Thank you to our volunteers:

Volunteers: Joanne Catipovic, Karen Krentz, Beth Feenin, Terri McGlennon, Gloria Nowakowski, Rhonda Holka, Lorraine Sams, Kim Piorkowski and Carol McMeekin.

RED HAT LADY BUGS **Joan Dirmyer**

The regular meeting will be taking place on Wednesday, April 6th at 1:00pm. Please be sure to sign in at the main table upon entering the senior center. New members are always welcome.

NT SENIOR FITNESS

Anita Zebulske

NT Senior Fitness is an exercise program offered by The North Tonawanda Senior Center. This program is free to any senior. The program uses stretch and a strengthening routine to improve overall muscle tone & balance.

This program will take place every Wednesday at 10 am. If you have an exercise band, a small ball and one pound weight bring it with you to class. *** We are in need of a volunteer to LEAD the Monday class**

NT TRAVELS WITH JEAN MARSHALL

Our Travel meeting is on Wednesday, April 13 at 1:30pm. Jean will be here to show and discuss upcoming trips for NT and Wheatfield Senior Centers.

Any questions please contact Jean at 694-5567 or email her at jeanmarshall@yahoo.com. To mail a check to Jean: 7237 Nash Rd NT NY 14120

LUCY & LAUGHTER– June 7, 2022

\$90.00 8:30am—6:30pm pick up is at the **Wheatfield Senior Center**. Deposit of \$35 due April 22 and final payment due May 13th.

We begin our day with a tour of Lucy's hometown of Jamestown, NY taking you to places of significance to Lucille Ball. You will see the house where she was born, the house where she grew up, the cemetery where she and her family reside, and much more. Following our tour, we will enjoy lunch in the Tropicana room (the recreated nightclub the Ricky Ricardo owed) in the Luci Desi Center while watching an episode of "I Love Lucy".

Then it's off to the National Comedy Center, the first state-of-the-art museum dedicated to telling the vital story of comedy in America. The museum celebrates comedy's great minds and unique voices, from Charlie Chaplin to Dave Chappelle. More than 50 immersive exhibits take visitors on an interactive journey through comedy history.

Menu includes Pot roast, mashed potatoes, peas and carrots. Proof of Covid vaccine is required

STAR SPANGLED SALUTE

Fri, May 27

Balance due April 15th-\$107.00– Proof of Covid vaccine and photo ID required. Manhattan St, pick up.

Start your day with coffee and doughnuts as we mingle in Mary Seaton Room of Kleinhans Music Hall. Then experience Western New York's premier Memorial Day tradition as the Buffalo Philharmonic chorus joins the BPO in a program filled with spring music and red, white and blue pageantry. Lunch will follow at the Hamlin House.

CASTLES OF NEW YORK

4 DAYS—3 NIGHTS—AUGUST 22-25, 2022

\$250 deposit due with each reservation, balance due June 24, 2022. Package includes:

*3 nights lodging, including 2 nights at the Edge-wood Resort on the St. Lawrence River

- 3 Breakfasts
- 1 boxed lunch & 3 dinners
- Boldt Castle & Singer Castle
- St. Lawrence River Cruise
- Guided Tour of the New York State Capitol Building & Wing's Castle
- Millbrook Vineyards and Winery Tour
- Souvenir Gift
- Baggage Handling
- Taxes & Standard Gratuities
- Motor coach Transportation.
- Cancellation insurance available on request
- Depart from Wheatfield Senior Center.

SNAKE-EYE SAM'S SALOON SHOWDOWN—JULY 20TH 2020

Deposit \$40– April 22– Total June 8th (\$95)

We're off to the Station Dinner theater in Erie PA for a Wild West showdown. A musical comedy that will take you back to 1875. You will see cowboys and dancing can-can girls. You enjoy a chuck-wagon-chow-down of a meal on site. Also a visit to Mason Farms and Cider Mill and more. Departs from Manhattan Street Parking St. parking lot. ID and proof of Covid vaccine required.

SPECIAL EVENTS

MOTHER'S DAY TEA- Saturday, April 30th



We are happy to announce we will be celebrating Mother's Day again with our senior friends! On Saturday, April 30th. We have some special music and goodies coming your way! You will not want to miss this one! Tickets are limited!!

In order to come and share this event you must purchase a \$6 ticket and bring a finger food or dessert to pass. When you purchase your ticket you will be asked to register the type of food you will be bringing.

Doors will open at 1pm; live music from the Yellow Jack will be enjoyed (1:30-3) and a ice cream sundae bar from Jamie's Ice cream will also be quite a treat! Hope to see you there...bring your daughters too!!

EMERGENCY PREPAREDNESS- FRIDAY, APRIL 22ND

Anyone is welcome to come to this educational and highly recommended seminar for emergency preparedness sponsored by Niagara University. Sandra Rache will be at the center to present at 11:00 am. To register please call to reserve your seat—695-8582.



NUTRITION EDUCATION & TASTINGS



Susan Petty from the Cornell Co-op will be here on May 3rd, 17th & 31st from 10:30-11:30am for Nutrition Education & tastings.

These are free and wonderful classes come learn and enjoy!

DRIVER'S SAFETY COURSE

"Laugh Your Points Off!" Defensive Driving Classes don't have to be boring!! Take the Safe Driver Academy Defensive Driving Class NYS 's only approved Humor-Based course and save 10% on your auto insurance for 3 years plus, reduce up to 4 points from your DMV record. \$35 per person.

Attend both days from 1-4pm:

Monday, April 25 & May 2nd—Full
Monday, August 15 & Aug 22nd
Monday, Nov 21 & 28.

Call the office to register. 695-8582.

MEMBER UPDATES:

In Nursing Home: Joan Bentley, Janice Koch, Ann Putz & Eleanor Stahl

New Members: Mary Jane Ziomek, Karen Rambler, Gladys Guize, Peggy Lynch, Darlene Boeck, Joan Moore, Marlen Riley, George Soehnlein & Marie Tice

Deceased: Theresa Matuszewski, Alex Washington, Jean Lucki, Bob Arbeiter, Barb Christiano, C. June Pendergast, Don Phelps and Norm Eangles

NEWSLETTER VOLUNTEERS

We will be folding and mailing our newsletter on at 9:30am on

Thank you to last month's volunteers: Mike Bass, Linda Elliot, Virginia Park, Marsha Kennedy, Shirley Klinsfelter, Dorothy Muniak, Mary Drechler, Norma Kitzmiller, Debbie Kwarcianny, Marjorie Brackett, Joanne Catipovic & Karen Krentz



EASY LISTENING CONCERTS

June 23 Alex Renee Big Band—7 pm

June 30 Crash Cadillac—7pm

July 7 Vinyl6- 7pm

July 14 Buffalo Boomers - 7pm

July 21- no concert: Canal Fest

July 28 Buffalo Touch -7pm

August 4 23 Skidoo - 7pm

August 11 Kathy Carr & Friends -7pm

August 18 Kokomo Time Band—7pm

August 25 Retrophonics -7pm



Donations! To all who have donated to our Bingo program and upcoming Theme basket fundraiser; we thank you from the bottom of our hearts. Our programming wouldn't be so successful without your support!

To those still looking to donate we are still in need of baskets and items for the baskets! Please call the office at 695-8582.

IN THE COMMUNITY:

THE NT HISTORY MUSEUM

ATTENTION!!!

The NT History Museum is holding an indoor FLEA Market :

712 Oliver Street

FREE admittance

Saturday, March 26 2022

10-3 pm

Featuring outside vendors and museum artifacts, collectables, vintage items, home & crafts. Reduced price on gift shop items. 716-213-0554



Looking to Golf?

DEERWOOD GOLF COURSE IS OPENING APRIL 1ST (WEATHER PER-

MITTING)- SO GET READY!!

Daily Fees—Seniors

9-hole with card—\$ 11.00 non res- \$17

18-hole with card-\$11.00 non-res-\$29

Early Bird/Twilight Deal for Non-res- \$32 for 18 holes with cart before 9am M-F/ After 2pm on weekends- \$10 savings.

Residents of N. Tonawanda can get discounted rates on daily greens fees by purchasing a resident ID card at the Depart of Youth, Parks & Recreation Office located at 500 Wheatfield St. NT. You will need two of ID verifying your name and address. (driver's license, utility bill) at the time of purchase. Card holders are also eligible to make tea time reservation.

APRIL 2022

Monday

Tuesday

Wednesday

Thursday

Friday

				1. homemade mac & cheese Garden salad with tomato and chickpeas Wheat bread Tropical fruit cup
4. Meatloaf with gravy Mashed potatoes Peas and carrots Wheat bread Fruited gelatin with Whipped topping	5. Julienne salad with Turkey Potato salad Rye bread Sliced peaches	6. Ham and Swiss cheese Sandwich with lettuce tomato & onion Pea and pasta salad Marinated vegetable salad Wheat hamburger bun Heavenly hash	7. Roast pork with gravy Baked sweet potato Corn Rye bread Applesauce	8. Broccoli and cheese strata Hash brown Stewed tomatoes Raisin bread Marble pudding
11. Chicken salad sandwich with lettuce, tomato, onion, tri-color pasta salad, healthy Jell-O, wheat hamburger bun and apple	12. Polish sausage Cheese & potato pierogi Broccoli & cauliflower Wheat hot dog bun Sliced pears	13. <u>EASTER MEAL</u> Glazed ham, whipped sweet potatoes, green bean casserole, wheat dinner roll, Rainbow sprinkled coconut cake	14. Breakfast casserole with sausage O'Brien potatoes Italian vegetable blend Muffin banana	15. No Meals Served. Good Friday
18. Meatball sub with mozzarella cheese Spaghetti salad Broccoli with red Pepper, wheat hoagie roll and pineapple	19. Ranch chicken pasta salad, spinach salad Muffin Tropical fruit cup	20. Turkey cobb salad Pickled beets wheat dinner roll orange	21. Mushroom Swiss burger Sweet potato wedges Tossed salad with carrot Cucumber, tomato, wheat hamburger bun Fruited gelatin with whipped topping	22. Turkey and grape salad Italian pasta salad wheat bread Mandarin orange delight
25. Breaded bone in pork chop, cheesy mashed potatoes Bavarian sauerkraut Rye bread Apple crisp with whipped topping	26. Greek seasoned chicken breast with Feta Greek seasoned rice Chef salad with carrots, red cabbage and chick-peas Wheat dinner roll Mandarin oranges	27. Cheeseburger supreme with lettuce, tomato, onion & pickle Scalloped potatoes Confetti corn Wheat hamburger bun Deluxe fruit cup	28. Italian tortellini salad Broccoli salad Wheat dinner roll grapes	

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1. Pool Room 11:45 Nutrition 1:00 Euchre Tech Help Available
4. 11:45 Nutrition 1:00 Pool Room 1:00 Medicare 101	5. Pool Room 9-3 <u>Veterans Assist.</u> 11:45 Nutrition 1:00 Pinochle	6. Grocery Shopping Tech Help Available 10:00 NT Senior Fitness 11:45 Nutrition 1:00 Red Hat Ladies	7. Pool Room 11:45 Nutrition Pool Room 1:30 Bingo	8. Pool Room 11:45 Nutrition 1:00 Euchre Tech Help Available
11. 11:45 Nutrition 1:00 Pool Room	12. Pool Room 11:45 Nutrition 1:00 Pinochle	13. Grocery Shopping Tech Help Available County Attorney 10:00 NT Senior Fitness 11:45 Nutrition 1:30 <u>Travel Club Mtg</u>	14. Pool Room 11:45 Nutrition 1:00 Pool Room 1:30 Bingo	15. Good Friday Center is Closed
18. 11:45 Nutrition 1:00 Pool Room	19. Pool Room 11:45 Nutrition 1:00 Pinochle	20. Grocery Shopping Tech Help Available 10:00 NT Senior Fitness 11:45 Nutrition 1:00 Spring Card Party	21. Pool Room 9:30 Newsletters 11:45 Nutrition 1:00 Pool Room 1:30 Bingo	22. Pool Room 11:45 Nutrition 1:00 Euchre Tech Help Available
25. 11:45 Nutrition 1:00 Pool Room 1:00 Driver's Course	26. Pool Room 11:45 Nutrition 1:00 Pinochle	27. Grocery Shopping Tech Help Available 10:00 NT Senior Fitness 11:45 Nutrition 1:00 General Meeting	28. Pool Room 11:45 Nutrition 1:00 Pool Room 1:30 Bingo	29. Pool Room 11:45 Nutrition 1:00 Euchre Tech Help Available
Saturday, April 30th MOTHER'S DAY TEA 100 tickets available Tickets—\$6.00 Must be purchased by 4.22				

